



Mildred JoAnne Strouth McCowan

December 3, 1938 - November 13, 2025

Mildred JoAnne Strouth McCowan, of Richlands, VA, beloved mother, grandmother, sister, aunt, wife, and friend, passed away peacefully in the care of Clinch Valley Medical Center on Thursday, November 13, 2025. Within minutes, the sky opened up and ushered her to heaven.

Mildred was born on December 3, 1938, in a one-room cabin in Red Ash, VA, to the late Hassel Strouth and Mary Strouth Gross Goodie. Through the years, she held various jobs, from working in the sewing factory in Richlands, VA, to working at Dairy Queen with her daughters, and her dedicated work as a CNA at Abernethy Center in Newton, NC. At one point, she even told Don to “scoot over,” she was going to move mobile homes for a while.

JoAnne was known for her adventurous trips to the lake and summer trips to Maryland and other various beaches.

In 1953, she married Don. They were together for 45 years and had eleven children, but also raised countless other children she called her own. She was a grandmother of many grandchildren and great-grandchildren.

In addition to her parents, she was preceded in death by her husband, Donald “Don” McCowan; daughters, Barbara Cruvey, Mary “Birdie” Byrd, Tammy Sue Dowdy, Donna Jean Compton; sons, Donald McCowan, Jr., James McCowan,

and Timothy McCowan, Sr.; grandson, Robbie Lawson; sisters, Priscilla "Shell" McGlothlin and Patty Hale; and brothers, Hartzel Strouth and David Goodie.

She is survived by her:

Daughters:

Janet Lawson of Richlands, VA

Missy Meadows and her companion, James, of Honaker, VA

Sons:

Marcus McCowan and wife, Sabriana, of Richlands, VA

Timothy D. McCowan, Jr. and his companion, Charolette of Cedar Bluff, VA

Brother-in-law, Stanley of Raven, VA

Sister-in-law, Theresa Goodie

Also surviving are twenty-one grandchildren and several great-grandchildren, along with many friends and family.

Funeral services for Mildred JoAnne McCowan will be conducted on Wednesday, November 19, 2025, at 2:00 pm at the Hurst-Scott Funeral Chapel in Richlands, Virginia, with Pastor Shelia Stanley officiating. Interment will follow at Clinch Valley Memorial Cemetery in Richlands, VA. Pallbearers will be Stan McGlothlin, Stanley McGlothlin, Jeremy McGlothlin, Paul Donald Cruet, Darrell Brown, David Yates, Keith Newberry, Zachery Gross, and James Gunn. The McCowan family will accept family and friends from 12-2 pm at the funeral home. Hurst-Scott Funeral Home in Richlands, Virginia, oversees arrangements, and those wishing to express sympathy online may do so at www.hurstscottfuneralhomes.com

Cemetery Details

Clinch Valley Memorial Cemetery

3201 West Front Street/US 460
Richlands, VA 24641

Previous Events

Visitation

NOV 19. 12:00 PM - 2:00 PM (ET)

Hurst-Scott Funeral Home
1401 2nd Street
Richlands, VA 24641
<http://www.hurstscottfuneralhomes.com>

Funeral Service

NOV 19. 2:00 PM (ET)

Hurst-Scott Funeral Home
1401 2nd Street
Richlands, VA 24641
<http://www.hurstscottfuneralhomes.com>

Tribute Wall



“ Hurst-Scott Funeral Home created a Tribute Video in memory of Mildred JoAnne Strouth McCowan



Hurst-Scott Funeral Home - December 01, 2025 at 09:16 AM



“ So sorry for your loss 🙏



Rhonda Johnson - November 20, 2025 at 04:52 PM



“ Anita Helbert Dee lit a candle in memory of Mildred Strouth McCowan



Anita Helbert Dee - November 18, 2025 at 05:47 PM

TM

“ *Tom and Dot McGlothlin lit a candle in memory of Mildred Strouth McCowan*



Tom and Dot McGlothlin - November 17, 2025 at 04:29 PM

JV

“ *So very sorry, keeping each of you in my prayers. 🙏*



Judy P VanDyke - November 17, 2025 at 03:13 PM

TM

“ *We will all love and miss you more than you will ever know Momaw!!*



Tiffany McCowan - November 15, 2025 at 04:30 PM

JW

“ *Judy West lit a candle in memory of Mildred Strouth McCowan*



Judy West - November 15, 2025 at 01:22 PM



“ So sorry to hear

Peggy Sparks - November 14, 2025 at 11:22 PM



“ Lisa Vance lit a candle in memory of Mildred JoAnne Strouth McCowan



Lisa Vance - November 14, 2025 at 09:39 PM



“ God has gained another Angel around his throne. Will never forget all of our great times growing old together. May God wrap his loving arms around all of the family and comfort them as only he can do. Love you all

Peggy Marshall Cordill - November 14, 2025 at 05:06 PM



“ Peggy Marshall Cordill lit a candle in memory of Mildred JoAnne Strouth McCowan



Peggy Marshall Cordill - November 14, 2025 at 05:01 PM



“ *TonyanEdgar Wicks lit a candle in memory of Mildred JoAnne Strouth McCowan*



TonyanEdgar Wicks - November 14, 2025 at 04:43 PM

LB

“ *We grew up together in Red Ash many good memories*

linda mosley brown - November 14, 2025 at 04:34 PM

LV

“ *Lisa Vance lit a candle in memory of Mildred JoAnne Strouth McCowan*



Lisa Vance - November 14, 2025 at 03:47 PM

MI

“ *Mawmaw I love you with all my heart. I will miss you. 😭*

Misty - November 14, 2025 at 03:35 PM