



## Pamela Helbert

August 18, 1959 - June 21, 2023

Pamela Jean Perrine Helbert, 63, of Richlands, Virginia, passed away on Wednesday, June 21, 2023 at Clinch Valley Medical Center following a six-year battle with non-Hodgkins lymphoma. She was the daughter of Wanda Bailes Perrine of Richlands, Virginia and the late Kenneth James Perrine.

Pam was born on August 18, 1959 at Sacred Heart Hospital in Richwood, West Virginia. She was a graduate of Richwood High School, Class of 1977, and a graduate of Southwest Virginia Community College.

Pam was a light to everyone she encountered, she fed countless people her meals filled with love, and was a mom to anyone who needed a mother. She loved the Lord and relied heavily on her faith throughout her life. She remained positive even in the toughest days of her battle with lymphoma. Pam always found the best in every situation she faced, and was a great example of strength and encouragement.

Pam loved history, music, University of Kentucky basketball, Elvis Presley, and the sound of her family's laughter. Most of all, she loved being "Mammy" to her favorite little girls - Madi and Hen. She gave them spoonfuls of sugar, endless treats, and the very best macaroni and cheese. She was a true example of what a grandmother should be and the epitome of a Proverbs 31 woman - virtuous, strong, and selfless.

Pam was a blessing to those around her and lived her life in accordance with her favorite scripture:

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

-Romans 8:28

In addition to her father, she was preceded in death by her grandparents, Quill and Minnie Bailes and Elbert and Hilda Perrine, many precious aunts and uncles, and her beloved Yorkies, Jack and Gus.

She is survived by her loving husband of 43 years, Raymond Keith Helbert; daughter, Katy Helbert Elswick and husband, Freddie Jr. of Richlands, VA; son, Eli Helbert and wife, Nicole Leigh of Richlands, VA; two precious granddaughters, Madilynn Willow Gray Helbert and Henley Caroline James Elswick; mother, Wanda Bailes Perrine, of Richlands VA; special aunt, Mary "Butch" Perrine Mullins and uncle, Andy Mullins; best friend, Michelle Altizer & family.

She is also survived by a host of aunts, uncles, cousins who are like siblings, all "her kids" and many dear friends.

The family would like to express their heartfelt appreciation to Dr. Fady Tawadros, Dr. Alina Bhat, Dr. Michel Bidros, Deana Elswick, Julian Whited, Penny Harmon, and the entire Oncology and Infusion department of Clinch Valley Health. Their love, compassion, and kindness were evident throughout Pam's courageous battle. They would also like to thank Dr. Thomas LeBlanc and the staff of Duke University's Cancer Center for their exceptional care.

Memorial services for Pamela Helbert will be conducted Saturday, June 24, 2023, at 7 pm at Hurst-Scott Funeral Home, 1401 Second Street, Richlands,

Virginia with Tony Shrader officiating. Friends may call from 6 p.m. until 7 p.m. at the funeral home prior to the service. Honorary pallbearers will be: Trevor Altizer, Adon Curley, Zach Helton, Brady Hess, Frank Killen, Andy Mullins, Gary Stiltner, and Nathan Thomas.

In lieu of flowers, the family asks that memorial contributions be made to The Leukemia & Lymphoma Society (LLS) in Pam's honor.

Hurst-Scott Funeral Home in Richlands is in charge of arrangements and those wishing to express sympathy online may do so at [www.hurstscottfuneralhomes.com](http://www.hurstscottfuneralhomes.com)

# Previous Events

## Visitation

JUN **24.** 6:00 PM - 7:00 PM (ET)

Hurst-Scott Funeral Home  
1401 2nd Street  
Richlands, VA 24641  
<http://www.hurstscottfuneralhomes.com>

## Funeral Service

JUN **24.** 7:00 PM (ET)

Hurst-Scott Funeral Home  
1401 2nd Street  
Richlands, VA 24641  
<http://www.hurstscottfuneralhomes.com>

# Tribute Wall



“ Hurst-Scott Funeral Home created a Tribute Video in memory of Pamela Helbert



---

**Hurst-Scott Funeral Home** - June 24, 2023 at 06:50 PM

RB

“ Pam was the most kindest and sweets person you could ever meet, she always had a smile, I'm so sorry your you loss, she was so good to me, Praying for God's comfort today and in the days ahead, to Jeith, Katy and Eli and Wanda her Mother.

---

**Ruth Brown** - June 24, 2023 at 02:26 PM

MS

“ To all the family, please accept our deepest sympathies. We just loved cousin Pam. Every time we saw her she lifted our spirits with her smile and positive energy. We are saddened at her loss. Pam was such a good role model. I want to be more like her. We will be lighting a candle for her. Love to you all.

*Mark, Tuul, and Sid Spencer*

---

**Mark Spencer** - June 24, 2023 at 08:12 AM

KF

“ *Kenny And Kim Fields lit a candle in memory of Pamela Helbert*



---

**Kenny and Kim Fields** - June 24, 2023 at 03:30 AM

GR

“ *Uncle Keith, Katy and Eli and family. I am so very sorry to hear of your loss. Pam was a very special person. Sending love and hugs to you all! ~ Greg*

---

**Greg** - June 23, 2023 at 06:04 PM

GR

“ *Greg lit a candle in memory of Pamela Helbert*



---

**Greg** - June 23, 2023 at 05:59 PM

IP

“ *So sorry about Pam. Prayers for comfort and strength in the days ahead. She will be missed.*



---

**Ira/Rita perry** - June 23, 2023 at 05:50 PM

IP

“ So sorry about Pam. She will be greatly missed. She always had a smile when she saw anyone. Prayers for comfort and strength in the days ahead..



Ira/Rita perry - June 23, 2023 at 05:44 PM



“ TonyanEdgar Wicks lit a candle in memory of Pamela Helbert



TonyanEdgar Wicks - June 23, 2023 at 09:01 AM

GT

“ Will miss this dear lady 🕊️

Gail Tatum - June 23, 2023 at 06:11 AM

CP

“ Katy, praying for you and all the family as you work through these difficult days. Your mom was such a warm loving person. I know she'll be missed by many! Much Love, Rex and Corky

Cora Perrine - June 22, 2023 at 08:55 PM

LT

“ Keith, Katy, Freddie, Eli, Nicole, Hen, and Maddie. So many memories over 42 years it would take a lifetime to tell them. There is a huge hole in the world now and Pam will be greatly missed. Sending prayers and love and hugs. 💔💔💔



**lisa tiller** - June 22, 2023 at 07:23 PM

PB

“ Our thoughts and prayers are with each of you. Dr Brown and the CVMC Radiation Oncology Dept.

**Pam Baldwin** - June 22, 2023 at 06:26 PM

KS

“ My heartfelt condolences to all the many friends, family and kids that loved and adored her.  
She will be so missed  
Prayers of comfort



**Kathy Sneed** - June 22, 2023 at 05:57 PM

ER

“ Katy and family so sorry to hear of the passing of your mother, she was always so good to Sam and I appreciated her so much. My prayers are with you and your family.

**Ed Richardson** - June 22, 2023 at 03:07 PM

NB

“ *Nancy Breeding lit a candle in memory of Pamela Helbert*



---

**Nancy Breeding** - June 22, 2023 at 01:57 PM

LH

“ *Lt. Honaker and Betty Honaker lit a candle in memory of Pamela Helbert*



---

**Lt. Johnny Honaker and Betty Honaker** - June 22, 2023 at 01:51 PM