



## Teresa G. Helton

November 10, 1958 - July 18, 2025

Teresa G. Helton, age 66, of Cedar Bluff, Virginia, passed away on Friday, July 18, 2025, at her home.

Teresa was born on November 10, 1958, in Richlands, Virginia, and was the daughter of the late Burton VanDyke and Doris Fuller VanDyke. She was a 1977 graduate of Richlands High School and later earned her degree as a Licensed Practical Nurse, working at Heritage Hall for 43 years. She loved her job and working with her coworkers, and she enjoyed taking care of her patients. Teresa loved her grandkids and loved attending church at Open Door Community Church in Baptist Valley. She loved sitting on her porch. And she loved to listen to the scanner to see what was going on. She was an extraordinary woman; to know her was to love her. In addition to her parents, she was preceded in death by her husband, Roger Dale Helton.

She is survived by:

Her Daughters:

Christeena Goodman and her husband, Bobby of Cedar Bluff, Virginia

Shania Hagerman and her husband, JD of Cedar Bluff, Virginia

Son, Cody Helton and his wife, Olivia of Leland, North Carolina

Grandkids: Ryan Goodman, Caiden Goodman, Aubrey Goodman, Sadie Helton, and Kensley Helton.

Sister, Neica Stiltner and her husband, Mitchell of Cedar Bluff, Virginia

Brother, Dicky VanDyke and his wife, Rhonda of Raven, Virginia

Step-Mother, Margaret Vandyke of Raven, VA

Stepsisters:

Barbara Fuller of Cedar Bluff, Virginia

Patsy Fuller of Johnson City, Tennessee

Several stepbrothers also survive, along with a host of family and friends.

Funeral services for Teresa G. Helton will be conducted at 1:00 pm on Thursday, July 24, 2025, at the Hurst-Scott Funeral Chapel in Richlands, Virginia, with Rev. Charlie McGlothlin, Rev. Jeff Rose, and Rev. Greg Baldwin officiating. Interment will follow at Greenhills Memory Gardens at Claypool Hill, Virginia. Pallbearers will be Dean Rose, Caiden Goodman, Ryan Goodman, A. J. Stiltner, Payton Armes, Cody Helton, Daylon Stinson, and Davin Stinson. Honorary pallbearers will be Dave Elkins, Todd Elkins, Cory Compton, James Newberry, and Danny Stinson. The Helton family will receive friends from 12-1 pm on Thursday afternoon at the funeral home.

Hurst-Scott Funeral Home in Richlands, Virginia, is in charge of arrangements, and those wishing to express sympathy online may do so at [www.hurstscottfuneralhomes.com](http://www.hurstscottfuneralhomes.com)

# Previous Events

## Visitation

JUL **24.** 12:00 PM - 1:00 PM (ET)

Hurst-Scott Funeral Home  
1401 2nd Street  
Richlands, VA 24641  
<http://www.hurstscottfuneralhomes.com>

## Funeral Service

JUL **24.** 1:00 PM (ET)

Hurst-Scott Funeral Home  
1401 2nd Street  
Richlands, VA 24641  
<http://www.hurstscottfuneralhomes.com>

# Tribute Wall



“ Hurst-Scott Funeral Home created a Tribute Video in memory of Teresa G. Helton



Hurst-Scott Funeral Home - August 07, 2025 at 11:15 AM

DJ

“ I worked with Teresa at Heritage Hall on the early 90's. Always loved working with her. She always had a smile..

Donna Jones - July 30, 2025 at 09:02 PM

LF

“ I had the pleasure to work with Teresa at Heritage Hall. She was a wonderful woman and a superb nurse who cared deeply about her family, friends and residents. I'm sure her loss will affect many. Go with God, Teresa.

Lavonne Ford - July 25, 2025 at 03:54 PM

JC

“ Jackie Cantrell lit a candle in memory of Teresa Helton



Jackie Cantrell - July 24, 2025 at 01:29 PM

JF

“ *Jonoka Farmer lit a candle in memory of Teresa Helton*



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**Jonoka Farmer** - July 24, 2025 at 10:26 AM



“ *Simply Elegant Spathiphyllum was purchased for the family of Teresa G. Helton.*



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July 24, 2025 at 06:08 AM



“ *A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Teresa G. Helton.*

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July 24, 2025 at 06:08 AM

RB

“ *Doesn't seem like its been just a little while ago we were kids playing at Shorts gap. Rest in peace. Condolences to the family. Sorry for your loss.*



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**Roger E Boyd** - July 22, 2025 at 10:15 AM

AG

“ We worked together years ago. Prayers and condolences to the family.

Love,  
Anita Matney Goss

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**Anita Matney Goss** - July 21, 2025 at 09:30 AM

TP

“ Tammy Pilkenton lit a candle in memory of Teresa Helton



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**Tammy Pilkenton** - July 20, 2025 at 10:24 PM

WD

“ Wanda Deskins lit a candle in memory of Teresa Helton



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**Wanda Deskins** - July 20, 2025 at 06:49 PM

SM

“ Sandra Dean Magee sent a virtual gift in memory of Teresa Helton



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**Sandra Dean Magee** - July 20, 2025 at 01:33 PM

DN

“ Sending prayers of peace and comdort for family and friends. Not only was she a coworker but she also took care of my grandmother. Such a good nurse. She will leave a huge hole in many lives.

Donna Asbury Neal - July 20, 2025 at 08:23 AM

KS

“ Kathy Sneed lit a candle in memory of Teresa G. Helton



Kathy Sneed - July 20, 2025 at 12:45 AM

LC

“ Lula Collins lit a candle in memory of Teresa G. Helton



Lula Collins - July 19, 2025 at 08:52 PM

FB

“ Freda Breedlove lit a candle in memory of Teresa G. Helton



Freda Breedlove - July 19, 2025 at 08:41 PM

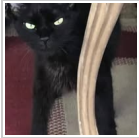
AM

“ *Anita McGlothlin-Gibson lit a candle in memory of Teresa G. Helton*



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**Anita McGlothlin-Gibson** - July 19, 2025 at 08:12 PM



“ *Davie Horton lit a candle in memory of Teresa G. Helton*



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**Davie Horton** - July 19, 2025 at 07:33 PM

TW

“ *Teresa worked with me and my mom. She was always so sweet! Love, thoughts and prayers for her family*

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**Theresa Wheeler** - July 19, 2025 at 07:06 PM

RC

“ *Teresa and I were good friends in school. We had so much fun in school and out. Then after graduation life happens we drifted apart. But every time we saw each other we picked up right where we left off. When we would say goodbye we always said Love you. She was a very special person. Heaven gained an Angel, and I lost a friend. Love you Teresa.*

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**Rhonda Hess Cordle** - July 19, 2025 at 07:02 PM

RF

“ *Renee Fields lit a candle in memory of Teresa Helton*



Renee Fields - July 19, 2025 at 06:55 PM



*Our deepest condolences to her family RIP sweetie God has you in his arms now God bless you all*

Gloria Wilson - July 19, 2025 at 08:59 PM

RB

“ *I was a coworker, Teresa was the sweetest, smartest and kindest person I know. My thoughts and prayers goes out to her friends and family. Rest in peace sweet angel .*



Ruby Blackstone - July 19, 2025 at 06:19 PM

BH

“ *Love you.*



Beth Elkins Hill - July 19, 2025 at 05:53 PM



“ *TonyanEdgar Wicks lit a candle in memory of Teresa Helton*



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**TonyanEdgar Wicks** - July 19, 2025 at 05:33 PM